

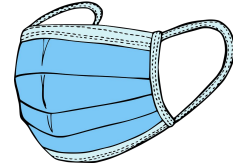


# ELITE MARTIAL ARTS

## CURRENT CLASS SCHEDULE DURING COVID



**LOBBY IS NOW  
OPEN TO FAMILIES**



**MASKS REQUIRED  
BY ALL IN DOJO**



**16 PERSON MAX  
CAPACITY / CLASS**



**LIVE CLASSES ARE  
RESERVATION-ONLY**



**HEALTH CHECK  
REQUIRED ON ENTRY**

BEGINS: 7/5/2021	MON	TUE	WED	THU	FRI	SAT
Summer Family Class 45m				11:00am		
<b>Dragons</b> All Ranks   Ages 4-6   30m	5:15pm	4:30pm	5:15pm	4:30pm	<b>Specialty Training</b>	10:30am
<b>Kids Novice</b> White - Orange   Ages 7-13   45m	6:00pm	5:15pm	6:00pm	5:15pm	<b>SPARRING 5:00pm</b>	<b>FAMILY 11:00am</b>  All active member ages and ranks.  Train alone or with your family members.
<b>Kids Advanced</b> Green - Brown   Ages 7-13   45m	6:45pm	6:00pm	6:45pm	6:00pm	<b>COMPETITION 5:45pm</b>	
<b>Teens/Adults</b> All Ranks   Ages 14+   45m	4:30pm	6:45pm	4:30pm 7:30pm	6:45pm	<b>WEAPONS 6:30pm</b>	
<b>Black Belts/Weapons</b> 45m	<b>7:30pm Weapons</b>	7:30pm		7:30pm	Parent Nite Outs	Workshops
<b>Virtual Classes (Zoom)</b> All Ranks   All Ages   30m	7:00pm	2:00pm	7:00pm	2:00pm	2:00pm	10:00am

Zoom Meeting ID: 521-096-3273

**4 WAYS TO TRAIN: LIVE, VIRTUAL, ON-DEMAND, CURRICULUM LIBRARY. ALL INCLUDED IN YOUR MEMBERSHIP [ & APP ].**